

**Monthly report of IMA Kazhakuttam for the month of
November 2024**

Dear Sir

Warm Greetings from IMA Kazhakuttam.

Herewith forwarding the monthly report of IMA Kazhakuttam
for November 2024 for your kind perusal

In a nutshell

List of activities

- **Executive Meeting -12th November**
- **Monthly GB Meeting-26th November**
- **AMS meeting--** COPD updates 2025 on Zoom platform on 30/11/2024
- **CGP meeting --** Pop the pill, pay the bill- Nephrotoxicity of NSAIDS on Zoom platform on 22/11/24.

1st November

- Literary Competition for our members on the topic “ENTE KERALAM” on **Kerala Piravi day**

5th November

- Dr.Anup and Dr.Manu won 1st Prize in CEREBRAL TICKLE,IMA KSB State Doctors GK Quiz Competition 2024

7th November

- Awareness session on 'Breast cancer awareness' for the students of Barton Hill Government Engineering College by Dr. Gayatri Gopan, Consultant Oncologist,GG Hospital, organised by WIMA Kazhakoottam

9th and 10 th November

- Our Officebearers and members attended that IMA STATE CONFERENCE ‘Thrissur Pooram 2024 Lulu International Convention Centre by Hyatt Regency,Thrissur .We also won many awards and appreciations

11th November

- Awareness session by WIMA on 'CERVICAL CANCER &HPV VACCINATION'@CHC, Puthenthope for the ASHA

workers and Field workers of CHC by Dr.Nisha Nishanth, Consultant Gynaecologist, Jubilee Hospital, Trivandrum

12th November

- In observance of **World Diabetes Day** ,A Diabetes Camp for the public at CSI Mission Hospital Kazhakuttom by Dr.Anup Narayanan,Dr.Prashanth U and Dr.Pious K

13th November

- 'Chithrashalabham 'project -Awareness Class on Management of Exam Stress to the 10th standard students of Sree Narayana Gurukulam ,Chempazhanthy by Dr.Nazeema Beevi,our member and Professor of Community Medicine ,Consultant Psychiatrist

14th November

- In observance of **Childrens day**, IMA Kazhakuttam conducted an online Painting competition to the kids of our members.

16th November

- In observance of **World COPD Day** ,A Pulmonolgy Camp for the public at Kerala Arts and Sports Club Library,Karimanal,Kulathoor, by Dr.Vineetha Nair

19th November

- Dr.Binoy our member,was the speaker at a phone in programme on the Topic Bone health conducted by Malayala Manorama

20th November

- Awareness class in district hospital Kollam by IMA Kazhakuttam President, Dr. Vineetha Nair and Dr. Rajathilakam

22nd November

- CGP webinar on the Topic- Pop the pill, pay the bill- Nephrotoxicity of NSAIDS on Zoom platform by Dr Ranjini Ravi, Senior Consultant Nephrologist, Cosmopolitan hospital, Trivandrum.

26th November

- 1st monthly GB and CME of this IMA year at Hotel Residency Towers, Thiruvananthapuram.

30th November

- AMS webinar on the Topic-COPD updates 2025 on Zoom platform by Dr Vineetha Nair, IMA Kazhakoottam President and Pulmonologist, District Hospital, Kollam

Detailed list of activities

- **Executive Meeting**

The first executive meeting after installation was conducted at Al Saj Convention Center, Le Café Restaurant, Kazhakottam at 8pm. Decisions for the next working year were formulated.



**IMA KAZHAKOTTA
EXECUTIVE COMMITTEE
MEETING- NOVEMBER**

AL SAJ
CONVENTION
CENTER
LE-CAFE

TUESDAY
12/11/2024
8 PM
ALL ARE INVITED

 DR VINEETHA NAIR PRESIDENT	 DR ASHA NAZIMUDEEN SECRETARY	 DR RAFAQ TREASURER
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- **Monthly GB Meeting and CME on 26th November**

1st monthly GB and CME of this IMA year on 26th November 2024 at Hotel Residency Towers, Thiruvananthapuram from 7 pm onwards.

Dr Vineetha Nair, President, IMA Kazhakuttam presided the meeting and addressed the members. She also mentioned about the planned activities for the month and the communications from IMAKSB.

Dr Asha Nazimudeen, Secretary, IMA Kazhakuttam presented the minutes of the previous meeting and report of activities.

Dr Rafeeda K M, Treasurer IMA Kazhakuttam presented Treasurer's report.

CME was conducted in Observance with World Diabetes Awareness, as a panel discussion.

Dr. Mathew John, Senior Endocrinologist was the moderator. He gave an introduction about the topic and its relevance.

Dr. Arya A R and Dr. Janak Giridhar were the panelists who discussed about complications of Diabetes -Diabetic retinopathy and Diabetic Kidney disease respectively. This was followed by interaction with the audience. The session was very much appreciated and touched upon all aspects of management of Complications of Diabetes.

State IMA Award winners from our branch were felicitated in the GB. The Winners of the Cultural events conducted in association with Kerala Piravi and Childrens day were declared and prizes distributed. The meeting concluded with vote of thanks by

Dr Asha Nazimudeen, Secretary IMA Kazhakuttam and National Anthem. President closed the meeting for dinner. The meeting was well attended by our members.



IMA KAZHAKOOTTAM

GENERAL BODY MEETING NOVEMBER 2024

& CME

PANEL DISCUSSION ON COMPLICATIONS OF DIABETES

MODERATOR



DR MATHEW JOHN
MD,DM(ENDO)
CONSULTANT ENDOCRINOLOGIST
PROVIDENCE ENDOCRINE &
DIABETES SPECIALITY CENTRE, TVPM



DIABETIC RETINOPATHY

DIABETIC NEPHROPATHY



DR ARYA A R
ASSISTANT PROFESSOR
RIO (TVM)

SPEAKERS



DR JANAK GIRIDHAR
CONSULTANT NEPHROLOGIST
PRS HOSPITAL,
SREE RAMAKRISHNA HOSPITAL

HOTEL RESIDENCY TOWERS, STATUE

26/11/24 TUESDAY 7 PM

ALL ARE CORDIALLY INVITED



DR VINEETHA NAIR
PRESIDENT



DR ASHA NAZIMUDEEN
SECRETARY



DR RAFEEDA KM
TREASURER









1st November (Kerala Piravi day)

- We conducted a Literary Competition for our members on the topic “ENTE KERALAM” on **Kerala Piravi day**. We received many entries and the winners were decided to be announced at our monthly GB. This was done to stir up the literary skills of our members and was much appreciated.



IMA Kazhakootam
Cultural Club

എന്റെ കേരളം



ദൈവത്തിന്റെ സ്വന്തം
നാടിനെ കുറിച്ച് നാലു
വരികളിൽ എഴുതൂ,
ആകർഷകമായ സമ്മാനങ്ങൾ
നേടൂ



Dr Chitra L R
Convenor
9446118061

Dr Sumitha
Chairperson



നിങ്ങളുടെ എഴുത്തുകൾ
വാട്സആപിലൂടെ
താഴെ നൽകിയ
നമ്പറുകളിലേക്ക് അയക്കുക.
എൻട്രികൾ ഇന്നത്തെ രാത്രി
12 മണിവരെ മാത്രമേ സ്വീകരിക്കൂ



Dr Fathima Haneena
Convenor
9048407371



Dr Vineetha Nair
President



Dr Asha Nazimudeen
Secretary



Dr Rafeeda K M
Treasurer

5th November

- Dr.Anup and Dr.Manu won 1st Prize in CEREBRAL TICKLE, IMA KSB State Doctors GK Quiz Competition 2024



7th November



**Indian Medical
Association**



WIMA Kazhakoottam

**Breast Cancer Awareness
Program for the students of
Barton Hill Engineering College**

**7-11-2024
4pm- 5.30pm**



Speaker
Dr. Gayatri Gopan
Consultant Oncologist
GG Hospital



Dr. Nisha Nishanth
WIMA CHAIRPERSON



Dr. Simi Das
WIMA Convenor



Dr. Vineetha Nair
President



Dr. Asha Nazimudeen
Secretary



Dr. Rafeeda. K. M
Treasurer



Indian Medical Association
WIMA Kazhakoottam
 Breast Cancer Awareness
 Program for the students of
 Barton Hill Engineering College
 7-11-2024
 4pm- 5.30pm



Speaker
Dr. Rajesh Duggan
 Consultant Oncologist
 GGC Hospital



Dr. Nisha Anand
 WIMA Coordinator



Dr. Ema Das
 WIMA Coordinator





Dr. Anu, Dr. Anu, Dr. Anu, Dr. Anu, Dr. Anu





Indian Medical Association Kazhakoottam branch -WIMA Wing conducted a session on 'Breast cancer awareness' for the students of Barton Hill Government Engineering College from 4-5.30 pm.

Dr.Vineetha Nair, Kazhakoottam IMA President delivered the welcome speech and introduced the speaker.

The Speaker of the session was Dr. Gayatri Gopan, Consultant Oncologist,GG Hospital.

She delivered a very informative talk on breast cancer and incorporated all aspects of diagnosis, prevention and

screening of Breast Cancer. The session had a good number of participants with good interaction with speaker.

The meeting was concluded by tying pink ribbon on the display board with the support of all the students there symbolising hope for all who have been impacted by breast cancer.

The session was winded up with vote of thanks by Mr.Pranav S, Volunteer Secretary of NSS, Government Engineering College Barton Hill and they presented a memento to the guest speaker.

9th and 10th November

- Our Officebearers and members attended that IMA STATE CONFERENCE 'Thrissur Pooram 2024 Lulu International Convention Centre by Hyatt Regency, Thrissur .We also won many awards and appreciations.WIMA Kazhakoottam received WIMA KSB Chairpersons appreciation Award for doing activities in the IMA Year 23-24.Dr.Vineetha Nair,past WIMA Chairperson received the award on behalf of WIMA Kazhakuttam









IMA Awards bagged by Kazhakoottam Team !!

- 1)WIMA KSB Chairperson's appreciation award to **WIMA Kazhakoottam** for doing various activities during the IMA year
- 2)Membership increase-**3rd** place for **IMA Kazhakoottam** (101-500 Category)
- 3) IMA ICON 2024 Award - **Dr Kavitha Ravi**
- 4) Membership Promotion Award- **Dr Kavitha Ravi**
- 5)President's appreciation Award- **Dr Binoy S**
- 6)President's appreciation award- **Dr Shibu R**
- 7)President's appreciation Award- **Dr Sudarshan**

- 8) SS3 Chairman's appreciation Award-**Dr.Jiju Nuuman**
- 9) PPS Chairman's Appreciation Award-**Dr.Binoy S**
- 10) SS3 Chairman's Appreciation Award -**Dr.Sudarshan**
- 11)IMA Young leader award- **Dr Affin A**
- 12) President's appreciation Award-**Dr.Syamlal**
- 13) President's appreciation Award-**Dr.Kalpana**
- 14) IMA Cerebral Tickle State Doctor's Quiz Competition -
Dr.Anup Narayanan and Dr.Manu Sudhakar


11th November

Indian Medical Association
WIMA Kazhakootam in association with KGMOA

Awareness program on Cancer Cervix & HPV Vaccination
for
Asha workers and Field staff of CHC Puthenthope
@CHC Puthenthope on November 11th@2.30 pm


Speaker: Dr. Nisha Nishanth
Consultant Gynaecologist
Jubilee Hospital


Dr. Nisha Nishanth
WIMA Chairperson


Inauguration by
Dr. Sunitha. N
Civil Surgeon
CHC Puthenthope


Dr. Simi Das
WIMA Convenor


Dr. Vineetha Nair
President


Dr. Asha Nazimudeen
Secretary


Dr. Rafeeda. K. M
Treasurer



Indian Medical Association Kazhakoottam branch -WIMA Wing in association with KGM OA conducted a session on 'CERVICAL CANCER & HPV VACCINATION' @CHC, Puthenthope for the ASHA workers and Field workers of CHC, Puthenthope at 2.30 pm on 11/11/24.

Dr.Simi Das, Kazhakoottam WIMA Convenor delivered the welcome speech and introduced the speaker.

Dr.Vineetha Nair, Kazhakoottam IMA president flagged off the session.

The session was inaugurated by Dr. Sunitha, Civil Surgeon, CHC, Puthenthope, Also she is the KGM OA Secretary

The Speaker of the session was Dr.Nisha Nishanth, Consultant Gynaecologist, Jubilee Hospital, Trivandrum.

She delivered a very informative talk on Carcinoma Cervix, the importance of HPV vaccination in the prevention of Carcinoma cervix,the need for Pap Smear test and treatment modalities. The session had a good number of participants with good interaction with speaker.

The session winded up with vote of thanks by Ms. Sandhya, JPHN, CHC, Puthenthope.

12th November



IMA KAZHAKOOTTAM SNEHATHEERAM PROJECT

ACCESS TO
DIABETES CARE
IF NOT NOW, WHEN?



FREE DIABETIC CAMP

CSI MISSION HOSPITAL,
KAZHAKOOTTAM



NOV 12, 2024



10 AM - 12 NOON



Dr. Anup Narayanan
Physician
(Diabetic Consultation)



Dr. Prasanth U
Surgeon
(Diabetic Foot
Care)



Dr. K Pious
Ophthalmologist
(Diabetic
Retinopathy
Screening)

Snehatheeram Coordinators

Dr. Rajashekharan Nair V
Dr. Jiju A Nuuman
Dr. Riaz I
Dr. Sajeed A
Dr. Najeeb S
Dr. Sanchana Pious
Dr. Abhishek G Krishna

BOOK YOUR APPOINTMENT
@CSI MISSION HOSPITAL
FROM NOV 06 TO NOV 11

Dr. Vineetha Nair Dr. Asha Nazimudeen Dr. Rafeeda K M
President Secretary Treasurer



സൗജന്യ പ്രമേഹ ചികിത്സ ക്യാമ്പ്

IMA കഴക്കൂട്ടം ശാഖയും, കഴക്കൂട്ടം CSI മിഷൻ ആശുപത്രിയും സംയുക്തമായി സംഘടിപ്പിക്കുന്നു.

നവംബർ 12ന് രാവിലെ 10 മുതൽ 12 വരെ

പങ്കെടുക്കുന്ന ഡോക്ടർമാർ

- Dr. അനൂപ് നാരായണൻ (ജനറൽ മെഡിസിൻ)
- Dr. പ്രശാന്ത് P (സർജറി)
- Dr. പയസ് (ന്യൂത്രരോഗം)



താൽപരമുള്ളവർ കഴക്കൂട്ടം CSI മിഷൻ ആശുപത്രിയിൽ നേരിട്ടെത്തി നവംബർ 06 മുതൽ 11 വരെ രജിസ്റ്റർ ചെയ്യാവുന്നതാണ്. ക്യാമ്പിൽ പങ്കെടുക്കുന്നവർക്ക് സൗജന്യ പരിശോധന നടത്തുന്നു



Dr. വിനീത നായർ
പ്രസിഡന്റ്
(IMA കഴക്കൂട്ടം)



Dr. ആഷ നമ്പ്യാർ
സെക്രട്ടറി
(IMA കഴക്കൂട്ടം)



Dr. റഷീദ് കെ എം
പ്രേഷൻ
(IMA കഴക്കൂട്ടം)







IMA Kazhkoottam observed World Diabetes Day on November 14th. As part of our Snehatheeram project for this year, a Diabetes Camp for the public at CSI Mission Hospital Kazhakoottam.

The camp was led by an eminent team of our members consisting of Dr. Anup Narayanan for Diabetic consultation, Dr. K Pious to screen for Diabetic Retinopathy, Dr. Prashanth U to care for Diabetic Foot. The camp was conducted on Nov 12th from 10am to 12 noon at CSI Mission hospital.

Patients were given advice on exercise, diet, medications and follow up.

13th November

**INDIAN MEDICAL ASSOCIATION
KAZHAKOOTTAM**



CHITHRASHALABHAM PROJECT


Presents

**Awareness Session on
Exam Stress Management**

by

Dr P.Nazeema Beevi.MD.DPM

Professor Community Medicine &
Consultant Psychiatrist
Former Superintendent
Government Hospital,Attingal









For

Class X students

**Sree Narayana Gurukulam
Chempazhanthy**

On 13.11.2024 Wednesday From 2pm

 Dr Divya Sadasivan Chairperson	 Dr Bijoy S Convenor	 Dr Greeshma M G Convenor
 Dr Vineeta Nair President,IMA	 Dr Asha Nazimudeen Secretary	 Dr Rafeeda K M Treasurer



IMA Kazhakuttam as part of 'Chithrashalabham 'project conducted an Awareness Class on Management of Exam Stress to the 10th standard students of Sree Narayana Gurukulam ,Chempazhanthy on 13/11/2024.

Dr.Bijoy offered Welcome Speech.The session was taken by Dr.Nazeema Beevi,our member and Professor of Community Medicine ,Consultant Psychiatrist and Former Superintendent ,Government Hospital,Attingal our member.The Session was very lucid and also addressed the doubts of students regarding exam preparation .It was well appreciated by the staff and students of the School.

14th November



In observance of Children's day, IMA Kazhakuttam conducted an online Painting competition for the kids of our members. The topics were given to different age categories

Subjuniors - The sea shore

Juniors - Life in the Ocean Depths

Seniors - Weather Wonders: From Rainbows to Storms

The winners were decided to be felicitated in the next GB meeting


15th November

IMA Kazhakootam members attended the swearing in Ceremony of State President and State Secretary at IMA Headquarters Anayara



World COPD Day Observance Programmes

16th November



കേരള ആർട്സ് ആൻഡ് സ്പോർട്സ് ക്ലബ്ബ് ലൈബ്രറി

Reg.No. 01TVM2729

കരിമണൽ പി.ഒ., കുളത്തൂർ, തിരുവനന്തപുരം


മാന്യരെ,

കരിമണൽ കേരള ആർട്സ് ആൻഡ് സ്പോർട്സ് ക്ലബ്ബ് ലൈബ്രറി യുടെയും IMA കഴക്കൂട്ടം ബ്രാഞ്ചിന്റെയും സംയുക്താഭിമുഖ്യത്തിൽ 2024 നവംബർ 16-ന് ശനിയാഴ്ച ശാസകോശ രോഗവുമായി ബന്ധപ്പെട്ട മെഡിക്കൽ ക്യാമ്പ് നടത്തുന്നു. ലൈബ്രറി ഹാളിൽ ഉച്ചയ്ക്ക് 1.30 മുതൽ 3.30 വരെയാണ് ക്യാമ്പ്. പുകവലി ശീലമുള്ളവരും ശാസകോശരോഗമുള്ളവരും നിർബന്ധമായും പങ്കെടുക്കണമെന്ന് അഭ്യർത്ഥിക്കുന്നു. ഇവർക്ക് Pulmonary Function Test സൗജന്യമായി നടത്തും. കൊല്ലം ജില്ലാ ആശുപത്രിയിലെ Pulmonologist **Dr. Vineetha Nair** ആണ് ക്യാമ്പ് നയിക്കുന്നത്. നഗരസഭാ കാൺസിലർ ശ്രീ. ബി. നാജ ഉദ്ഘാടനം നിർവഹിക്കും. Pulmonary test ഉച്ചയ്ക്ക് 1 മണിക്ക് ആരംഭിക്കണം. അതിനാൽ എല്ലാവരും 1 മണിക്കുമുമ്പ് എത്തണം. എല്ലാവരുടേയും സഹകരണം അഭ്യർത്ഥിച്ചുകൊള്ളുന്നു.

ആർ.ജയപ്രസാദ് (പ്രസിഡന്റ്, കേരള ലൈബ്രറി)	എസ്.ആർ.സുനിൽരാജ് (സെക്രട്ടറി, കേരള ലൈബ്രറി)
ഡോ.വിനീത നായർ (പ്രസിഡന്റ്, IMA കഴക്കൂട്ടം)	ഡോ.ആഷ നസീമുദ്ദീൻ (സെക്രട്ടറി, IMA കഴക്കൂട്ടം)
ഡോ.റഫീഖ് കെ.എം. (ട്രഷറർ, IMA കഴക്കൂട്ടം)	

കാര്യപരിപാടി (16-11-2024, ശനിയാഴ്ച)

ഉച്ചയ്ക്ക് 1.00 മണി	:	സൗജന്യ പൾമനോളജി ടെസ്റ്റ്
1.30 മണി - സ്വാഗതം	:	ശ്രീ. സുനിൽരാജ് (ലൈബ്രറി സെക്രട്ടറി)
ക്യാമ്പ് ഉദ്ഘാടനം	:	ശ്രീ. ബി. നാജ (നഗരസഭാ കാൺസിലർ)
ആശംസ	:	ശ്രീ. സി. അനീൽകുമാർ (ലൈബ്രറി കാൺസിൽ അംഗം സെക്രട്ടറി)
ക്യാമ്പ് നയിക്കുന്നത്	:	Dr. വിനീത നായർ (പൾമനോളജിസ്റ്റ്, കൊല്ലം ജില്ലാ ആശുപത്രി)



- In observance of **World COPD Day** , IMA Kazhakoottam launched Our Project 'Dheerghayus .IMA Kazhakuttam conducted a Pulmonology Camp at Kerala Arts and Sports Club Library,Karimanal,Kulathoor on 16/11/2024 .

The Camp was lead by Dr.Vineetha Nair, IMA Kazhakoottam President and Consultant Pulmonologist,District Hospital ,Kollam.Patients were provided Free PFT testing and inhaler medications distribution to the camp attendees.



IMA Kazhakoottam

DHEERGHAYUSU PROJECT



commemorates

World COPD Day

COPD MEDICAL CAMP



free PFT & Medicines

DR VINEETHA NAIR
CONSULTANT PULMONOLOGIST
DISTRICT HOSPITAL, KOLLAM

@ KERALA ARTS AND SPORTS CLUB LIBRARY

Karimanal, Kulathoor

on 16/11/2024 1.30 pm to 3.30 pm

Co-ordinators:

*Dr Sheela Joseph, Dr Nazeema Beevi,
Dr Susha John, Dr John Abraham*



DR VINEETHA NAIR
PRESIDENT



DR ASHA NAZIMUDEEN
SECRETARY



DR RAFEEDA K M
TREASURER







20th November

- IMA Kazhakuttam President, Dr. Vineetha Nair and Dr. Rajathilakam conducted an awareness class in district hospital Kollam in observance of World COPD day on 20/11/2024. The Audience included all the paramedical staff of the Hospital.



30th November



IMA Kazhakoottam

ACADEMY OF MEDICAL SPECIALTIES

TOPIC



COPD UPDATE: 2025



2025
REPORT

SPEAKER



Dr Vineetha Nair
Consultant Pulmonologist,
District Hospital,
Kollam



Dr Priya Sreenivasan
IMA AMS
Chairperson



Dr Anand Binu
IMA AMS
Convenor

ZOOM MEETING
30th November 2024, 7:00 pm
ID: 823 0083 9931
Password: 883542
ALL ARE CORDIALLY INVITED



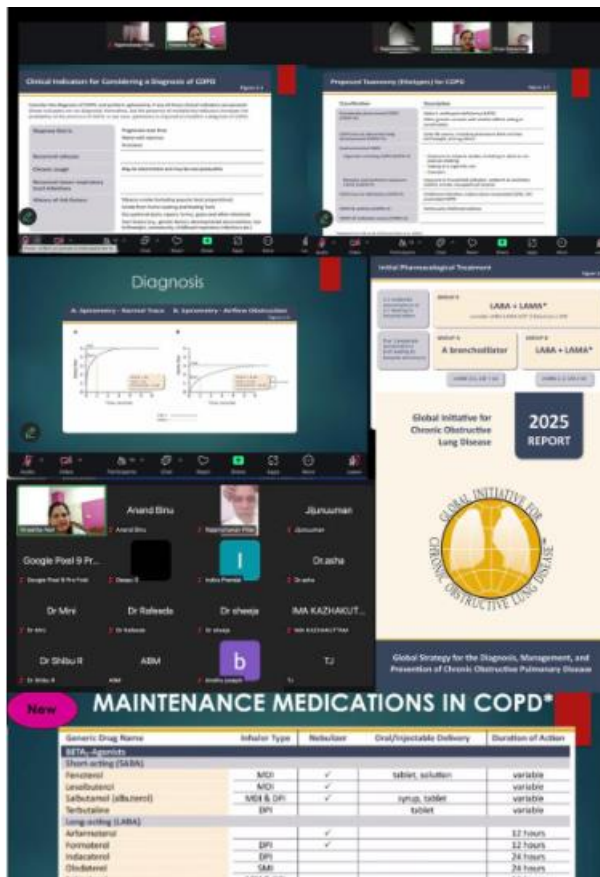
Dr VINEETHA NAIR
PRESIDENT



Dr ASHA NAZIMUDEEN
SECRETARY



Dr RAFEEDA KM
TREASURER



IMA AMS Kazhakoottam conducted an online CME meeting on Zoom platform on 30/11/24, 7:00 pm on the occasion of World COPD Day.

Dr Priya Sreenivasan, IMA AMS Chairperson welcomed the audience. Dr Vineetha Nair, President, IMA Kazhakoottam and Dr Asha Nazimudeen, Secretary, IMA Kazhakoottam and Dr Anand Binu, IMA AMS Convenor, addressed the audience.

Speaker of the session was Dr Vineetha Nair, Consultant Pulmonologist, District Hospital, Kollam. Topic was COPD update 2025. The session was comprehensive and incorporated all aspects of diagnosis, and management of COPD as well as latest 2025 updates as per GOLD. The session was well appreciated and had a good number of participants with good interaction and question answer session

with speaker. Session concluded with a vote of thanks by Dr. Anand Binu.

19th November

Dr. Binoy our member, was the speaker at a phone in programme on the Topic Bonehealth conducted by Malayala Manorama

‘സുഖമായിരിക്കട്ടെ’ പരിപാടിയിൽ നാളെ 1.30 മുതൽ വിളിക്കാം

അസ്ഥിരോഗ പ്രശ്നങ്ങൾ കണ്ടെത്താം, ആദ്യം തന്നെ

▶▶ സംശയങ്ങൾ ഡോ.ബിനോയിയോട് ചോദിക്കാം

തിരുവനന്തപുരം • കസേരയിൽ ഇരുന്നു ജോലി ചെയ്യുന്നവർക്കു മാത്രമല്ല ആരോഗ്യ പ്രശ്നങ്ങൾ ശാരീരികാധാരണമുള്ള ജോലികൾ ചെയ്യുന്നവർക്കും നടുവിനും കഴുത്തിനുമൊക്കെ വേദന വരാം. ഒക്യുപേഷനൽ തെറപ്പി വലിയൊരു ചികിത്സാ മേഖലയായി മാറി. തൊഴിൽ സമ്പന്ന രോഗങ്ങളും അസസ്ഥതകളും കൃത്യസമയത്തു ചികിത്സിച്ചില്ലെങ്കിൽ പ്രായം കൂടുമ്പോൾ അതിന്റെ ബുദ്ധിമുട്ടുകൾ വർധിക്കുമെന്ന്

സുഖമായിരിക്കട്ടെ



ഡോ.എസ്. ബിനോയ്
കേൾക്കുന്നവർ അപ്പോഴത്തെ പ്രശ്നങ്ങൾ മാറുന്നതുവരെ ചികിത്സ നടത്തും. തുടർന്നു പരിശോധനകളോ ചികിത്സയോ നടത്താറില്ല.

മെഡിക്കൽ കോളജിലെ ഓർത്തോ വിഭാഗം അസോഷ്യേറ്റ് പ്രഫസർ ഡോ.എസ്.ബിനോയ് പറയുന്നു. അപകടങ്ങളിൽ പരുക്കേൽക്കുന്നവർ അപ്പോഴത്തെ പ്രശ്നങ്ങൾ മാറുന്നതുവരെ ചികിത്സ നടത്തും. തുടർന്നു പരിശോധനകളോ ചികിത്സയോ നടത്താറില്ല.

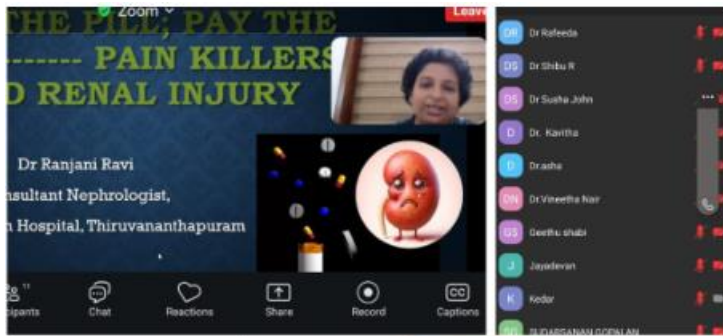
ഇതു ഭാവിയിൽ പ്രശ്നങ്ങളുണ്ടാകും. ഇത്തരത്തിൽ അസ്ഥിരോഗ സമ്പന്നമായ നിങ്ങളുടെ പ്രശ്നങ്ങൾ ഡോ.ബിനോയിയോട് ഫോണിലൂടെ സംസാരിക്കാം. മലയാള മനോരമ സംഘടിപ്പിക്കുന്ന ‘സുഖമായിരിക്കട്ടെ’ പരിപാടിയിൽ നാളെ 1.30 മുതൽ ഒരു മണിക്കൂർ ഡോ. ബിനോയ് പങ്കെടുക്കും.

ഫോൺ:
0471 2334658
(മനോരമയുടെ മറ്റ് നമ്പരുകളിൽ ഈ സേവനം ലഭിക്കില്ല.)

22nd November

CGP IMA Kazhakuttam conducted a CME - Pop the pill, pay the bill- Nephrotoxicity of NSAIDS on Zoom platform on 22/11/24.

Dr. Biju Mohan ,CGP Assistant Director welcomed the audience.Dr Abeer,CGP Secretary introduced the speaker and the topic.Key note address was given by Dr Vineetha, President, IMA kazhakkootam. Speaker of the session was Dr Ranjini Ravi, Senior Consultant Nephrologist, Cosmopolitan hospital, Trivandrum. The session was well appreciated and had good number of audience and also a good interaction among the participants . Session ended with a vote of thanks by Dr.Abeer



Thank you for your time and attention. We look forward to your support and encouragement. Please contact me if you require any further clarifications or any additional information.

Thanks and regards,

Dr. Asha Nazimudeen,

Secretary , IMA Kazhakuttam 2024-25

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